



# ONCE MY MOTHER

**Tasmania Action Day**

Do we really understand our aging parents?  
What changes does dementia bring?



SUPPORTED BY



 **#TasActionDay**



The Tasmanian Breath of Fresh Air Film Festival is a festival with a conscience. Our focus is on films that inspire positive change.

In 2013 for the first time the first full day of the Festival, Friday 8th Nov, will focus on Tasmania Action issues – current political, economic, environmental and social issues facing Tasmania.

The objective is to take the energy and motivation expressed through The Examiner Vision for Tasmania series and generate discussion about taking action in areas of challenge or opportunity.

Five 3hr sessions will present a film as thought provoker, with special invited guests responding to issues raised, and the Tasmanian experience. Moving beyond discussion, guests and audience will explore opportunities and seek suggestions, positive change and champions to take action!

**Entry \$20 per session, book online**

## Once My Mother

A film that explores the effects and issues of dementia both for the person with dementia and their family, in this case a Polish Australian mother who survived deportation to Siberia.

*“An epic story of survival told against a backdrop of war and its aftermath. With consummate skill, Sophia Turkiewicz weaves the personal with the historical, giving depth and meaning to both.” Peter Weir*

**QVMAG THEATRE**  
**Inveresk Precinct, Launceston**



StartUp Tasmania as major partner will work with BOFA to help take the actions forward into reality after the festival. [STARTUPTASMANIA.COM.AU](http://STARTUPTASMANIA.COM.AU)

The “Can we (really) Change?” and “Tasmania Renewed” sessions will be photographed, comments and proposed actions documented in real time then uploaded to The Examiner website so readers can post their responses online.

Tasmania Action Day is supported by individual session partners, Northern Tasmania Development, UTAS, MS Society of Tasmania, Launceston City Council, Dementia Tasmania, and Glenview Community Services.

  **@BOFAFilmFest**

**[www.bofa.com.au](http://www.bofa.com.au)**

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Tasmanian expert & filmmaker panel:

- **Ros Calvert**, Dementia Tasmania
- **Lucy O’Flaherty**, Glenview Community Services
- **Sophia Turkiewicz**, filmmaker and director of Once My Mother
- **Rod Freedman**, filmmaker and producer of Once my Mother

**1:00-4:00**  
**Friday**

**Nov 8**